

DAILY SCHEDULE

- 9:00 Jog, stretch, form run, and throw
9:30 Group Instruction
10:30 Snack
10:45 Position-specific drills
12:00 Lunch
12:45 Batting Cage Drills
2:00 Intra-squad Game
3:00 Pickup



****Make checks payable to CCHS****

Return form /fee to:
CCHS Summer Programs
c/o Baseball Camp
300 Cuthbert Rd.
Cherry Hill, NJ 08002

REGISTRATION FORM

Camper Name: _____

Age: _____ Grade in Sept. '19 _____

Address: _____

School: _____

Parent/Guardian: _____

Email: _____

Home Phone: _____

Cell Phone: _____

Emergency Contact: _____

Contact #: _____

I, the parent/guardian of the above mentioned child, hereby give my consent to his/her participation in any and all activities during the camp. I authorize the summer camp staff to act for me in accordance with their best judgment in emergency requiring medical attention and waive and release CCHS Summer Camps from any and all liability for injuries and illness incurred while at camp. I have no knowledge of any physical impairment that would be affected by the above mentioned child's participation in the camp.

Parent Name: _____

Parent Signature: _____

CAMDEN CATHOLIC



FIGHTING IRISH



BASEBALL CAMP

June 24-

June 28, 2019

For players entering
Grades 5-9 by Sept. 2019

WELCOME

We invite you to the annual Camden Catholic High School Summer Baseball Camp. Our staff consists of the varsity coaching staff and current and former CCHS ballplayers. This will provide us with a 5:1 player/coach ratio. Every athlete will receive individual instruction for improving his game. Our philosophy is to provide A-to-Z fundamental instruction on all aspects of hitting, pitching, and defense. We will introduce and demonstrate various drills that are tailored to the specific parts of the game as well as ideas for a positive team approach. We will provide the “how and why” of drills and incorporate this instruction and drill work into simulated games.

Our number one priority is player development. Regardless of the level of the player, we will have developed a curriculum that will help all players progress and get a better understanding of the game of baseball.

Bob Bergholtz

Head Baseball Coach

609-682-3255

bbergholtz@hotmail.com



**GO
IRISH!!!!**

QUICK FACTS

Dates: June 24- June 28, 2019

Times: Monday-Friday
9:00 am—3:00 pm

Where: Camden Catholic HS
300 Cuthbert Rd.
Cherry Hill, NJ 08002

Cost: \$150 per player. Cost includes camp t-shirt, evaluation packet, and Instruction

Grades: Players entering grades 5-9

Equipment Needed:

Baseball attire, hat, spikes, sunscreen, snack, lunch, and water bottle.

**LUNCH WILL NOT BE
PROVIDED AT CAMP.**

*****PLEASE NOTE ALL CAMPERS
MUST PROVIDE A COPY OF THEIR
IMMUNIZATION RECORDS PRIOR
TO PARTICIPATING*****



COACHING STAFF

Bob Bergholtz is in his eighth season as the head baseball coach at Camden Catholic High School. Prior to CCHS, Bergholtz was the head baseball coach at Germantown Friends School for 5 seasons. During his time at GFS, he led the program to four Friends School League titles, a state runner up finish in 2010, and set the school record for wins in a season. Also during his time, he coached the Philadelphia Phillies 2010 1st round draft pick, LHP Jesse Biddle. He has also served as the head baseball coach at Keuka College in upstate New York. He led his team to the 2004 NEAC Championship.

Bergholtz is a 1995 alum of Camden Catholic. He attended Belmont Abbey College in North Carolina where he was a 3-year starter and captain on the Abbey baseball team.

He has been a director at various camps including the Stars of Today and Tomorrow and the GFS Summer Baseball Camps. He is also an instructor with Headfirst Honor Roll Camps, a high school showcase for prospective college players.

Sean Carmack enters his 11th year with the CCHS baseball program. A 1997 CCHS alum, Carmack graduated from Richard Stockton College.

Lou Marshall enters his 10th year with the CCHS baseball program. A 1977 CCHS alum, Marshall graduated from Rutgers-Camden College