

Camden Catholic High School

Leadership Academy:

J-Term Course Guide

March 20-22, 2019

Statement of Philosophy:

J-Term enables our students and faculty to live the mission and seek out the vision of Camden Catholic through a modified schedule and course offering outside the standard curriculum but rooted in the foundations of the Leadership Academy. Passionate, purpose driven, innovative, and creative, J-Term provides students and faculty the opportunity to investigate and reflect. J-Term fulfills the annual Leadership Academy graduation requirement for students.

1. Solidarity with the Poor

This course is a three day exploration of poverty and issues commonly faced by individuals living at or below the poverty line. You will consider the causes (both personal and public) and the effects (on the individual, local, and national level) of poverty. Through the use of articles, Church documents, personal accounts, guest speakers, and film, you will be challenged to confront your own conscience and spiritual beliefs in dealing with issues of poverty. Particular focus will be paid to domestic poverty, especially in the area of homelessness. This course targets growing in *empathy* and *understanding*, and concludes with a *call to action*. You can expect to get out of the building and serve those in your community!

2. Urban Challenge

Those who lead, serve. The Urban Challenge is a service oriented program that partners with social service organizations in Camden. The main goal is for you to intersect with the lives of those in need and Christ's call to respond to the needs of others while finding the gifts and talents you possess, using them in the service of that response. Work sites may include: schools, nursing homes, soup kitchens and food banks. Community building, reflection, and prayer time fill out the days. If you truly want to serve those in need and grow spiritually in the process, please register for this course.

3. Writing for Laughs

Stand up comics apply here! Take your humor to the next level and find your comedic voice in this course. You will develop writing and humor skills in order to create short comedy sketches. You will workshop and write a 3-minute monologue - your very own stand-up routine! You will also develop a 5-10 minute comedic dialogue and get a chance to perform a short comedy sketch. This course culminates with a performance where you will share your humor with hospitalized teens and young adults. Laughter is the best medicine. Sign up now before it fills up.

4. Storytelling

This is the creative writing course you have been looking for. In this course, you will uncover the shared concepts of myth structures and their recurrence in ancient and modern stories. In addition, you will identify the use of archetypes in urban legends and other tales of horror while reviewing professionally told stories. Then, you will write and present a story of your own incorporating the details and techniques learned through your analysis. If you have ever sat around a fire and lacked a proper story to tell, this course is for you!

5. The Skyman Seminar

Want to experience where the passion for school, sport, and life converge? Look no further. In this course, you will discover what it takes to run a *total* high school sports program. Get a hands-on feel for planning and running events associated with keeping your vision alive. More than coaching, running a *program* takes a commitment beyond the hours of game day. Learn the importance of breaking down film, writing scouting reports, and preparing the next generation of student-athletes to succeed. This course will give you skills and insight you can apply to any sport as well as an expertise in event planning. Grow your leadership abilities and leave this course with a true vision of how to develop and run a program you are passionate about. A must for athletes or want-to-be-coaches.

6. A New Perspective in the Natural World

If you've spent a day at the beach, an afternoon hiking in the woods, or a night sleeping under the stars, you know there is beauty all around us. Would you like to share your love and appreciation of the natural world with others? In this course, you will explore your integral part in a wondrous but fragile environment, and acknowledge your responsibility as a person of faith to be a steward of the earth. You will discover what you can do to protect, preserve, and renew the natural environment while having many opportunities to respond creatively to your encounter with nature. *(Fee for museum/hike/excursion)*

7. Titanic

Have you seen the movie *Titanic*? Was the film historically accurate? How did this unsinkable ship sink? In this course you will explore these questions and get the opportunity to distinguish fact from fiction while learning more about the film and what really happened on April 14, 1912. How did the attitude of the Gilded Age contribute to this epic tragedy? Experiments, discussion, and a little research will help you know for sure. Watch the movie after taking this course, and you'll have all the answers.

8. Modern Music Appreciation

"Music doesn't lie. If there is something to be changed in this world, then it can only happen through music." - Jimi Hendrix. In this course, you will explore your love of music and share it with the other members of the class. You will discover influences and meanings in songs you never knew while learning about new genres and artists. You'll discover how genres originated and the history behind certain musical stylings. If you're a wanna be music blogger or already have a YouTube channel devoted to music, this course is for you. Listen. Discuss. Read a review. Write a review. You will conclude with a class presentation on a song/artist/genre learned through your experience in the class. *(Small fee for trip)*

9. Putting it Together

Think you have what it takes to produce a live stage performance over the J-Term? From audition to curtain call, in this course you will collaborate, contribute, and rehearse for a live theater performance to be performed in the closing J-Term assembly. If you want to feel the energy and showcase your passion, you need to sign up for this course.

10. Vintage Movies

You watch movies in a variety of contexts: in the theater, at home with family or friends, or streaming them online via laptop, tablet, or other media player. This course offers a different context. In this course, you will watch classic films and discover what makes them timeless. Through examining film history, technical terminology, major films and directors, and different approaches to studying movies, you will develop a strong basis and vocabulary for film. This is a fun course for the curious and want-to-be-cultured. Juniors only.

11. Irish Synergy

Ladies, welcome to Irish Synergy, a course that cultivates high school leaders through a team approach to teaching leadership concepts and skills to local middle school students. Develop your individual and group leadership skills as you design and implement a one-day leadership workshop for sixth, seventh, and eighth grade girls from neighboring Catholic schools.

12. Forensic Science

Love watching CSI, NCIS, and Criminal Minds? Want to learn more about this exciting field of science? In this course, you will explore the field of forensic science, construct the process of a crime scene investigation, and identify human evidence (fingerprint, blood, DNA). Before majoring in forensic science in college, try out a brief but magnified learning experience in this growing field. If you like math/science and enjoy research and conducting lab experiments, this course is for you.

13. Mindfulness & Meditation

Stressed out? School/sports/work/family got you spinning? Running yourself into the ground? Let's pause and take some time for yourself. In this course, you will discover how mindfulness and meditation yoga can help you be successful in life. You will explore the time tested techniques of mindfulness and meditation yoga and practice the methods discussed. You will leave the course with a personalized goal for nutrition, meditation, and exercise which can only help you in your path to becoming the best possible version of yourself. If you need a break and truly want to explore something different while maintaining an openness and willingness to try something new, this course is for you.

14. Architecture Through the Lego Lens

What is architecture? How does art and design intersect with need and functionality? Discover the connection between Eastern and Western civilizations through learning architectural design. Through careful analysis and collaborative learning, you will research and design using everyone's favorite toy, LEGO! LEGO is more than a toy, these building blocks are a ubiquitous learning tool. For those that learn best creating and using their hands, this course is for you.

15. Conspiracy Theories

JFK assassination: Lone gunman and 2 shots or: CIA, FBI, MAFIA, Cuban conspiracy?

Man on the Moon: fact or NASA/Hollywood production?

9/11: Terrorist attack or inside job? Where did the buildings go? Fire? Collapse? Dustification?

April 14, 1912: What ship really sank that night in the North Atlantic?

Let's face it, conspiracy theories are more than fun, they could be true! In this course, you will dissect fact from fiction looking at and critiquing all forms of evidence. You will explore popular conspiracy theories and get to the bottom of what *really* happened. Research, reading, debate and discussion are a big part of this course. If you want to know the truth, this course is for you!

16. Screenprinting

Who doesn't love a good graphic tee? Whether you're into cats or Kanye, graphic tees never go out of style. So why not learn how to design one? In this course, you will explore how to use Illustrator and create a one color design. Learn a little bit about the history of screen printing and how the business works as well. Leave the class with your very own custom designed shirt and be the envy of all your friends. *(Will include a fee for materials)*

17. Bracketology

Before the Madness in March, *MATH* determines the matchups. Not only will you explore the history of the NCAA Tournament, you will discover the methods used by the committee to rank the teams. Majors, mid-majors, statistics galore, this course is perfect for the college basketball fan who wants to know the truth behind the rankings. It's not about completing the perfect bracket, it's about discovering how the teams are selected. The course concludes with you creating a "mock" bracket that you can compare to ESPN's bracketologist Joe Lunardi.

18. Modern Music Production

Want to be the next great music producer? Take this course and explore Logic, Ableton, or a similar DAW (music making) software while creating your own music compositions. You will choose from provided samples, midi instruments, or record your own instruments/samples all the while creating your own sound and musical style. You will be using the online music course, Cymatics, to guide you through the basics of music production, beat making, and composition, giving you a jump start in your creativity. *Students must have access to a computer and a license to DAW software. There is a 30-day free trial of Ableton that could fulfill the software prerequisite to this course.*

19. Sewing Circle

Explore handcrafts that women have done for centuries, including embroidery, needlepoint, quilting, and wool applique. You will combine hands-on and how-to projects such as an embroidered tea towel and a wool applique Christmas ornament with a true examination of how historical events were documented through needlepoint and quilting. Show and tell, trunk show, and a field trip to Winterthur, the Dupont Estate, will all be part of this J-Term course. If you know how to thread a needle or are willing to learn, this course is for you! (*Will include fee for museum/excursion.*)

20. Ethical Dilemmas

Have you ever been in a situation where you had to make a tough moral or ethical decision? How did you come to your conclusion? What factors lead to your decision? Were you happy with your outcome? Come learn about different ethical theories (deontology, utilitarianism, virtue ethics, and more) and apply them to both wacky hypotheticals and real life situations. This course will culminate in a mini Ethics Bowl where teams will discuss and debate different ethical conundrums.

21. Museum Studies of Art

Gain a deeper understanding and appreciation of museum art as you experience the exploration of pieces of interest at The Philadelphia Museum of Art. Explore the design elements of your chosen piece as you discuss topics involving the design elements with the class. By the end of the week, you will present your own creative work using the style and format of your chosen piece as an artwork viable and finished or a recreation of the selected work. (*Small fee for museum visit*)

22. Let's Dance

Get up and move! This course is for gentlemen and ladies who want to learn social dance, add a new skill to their repertoire, or to just figure out what to do in awkward social settings or school dances. We will introduce different partner dance styles that can be used with music that YOU like and listen to - this is NOT your grandma's dance class! All abilities encouraged to participate - no experience, rhythm, or coordination necessary. From salsa to merengue to hustle and beyond, we'll have a great time! Everyone is welcome to reap the many benefits of dance!

23. Social Media Professionals: Introduction to Marketing/PR/Communications

Do you want to learn how to create a successful social media campaign? Do you like to write and take great pictures? Then come to this class, where you will RUN the CCHS J-Term social media campaign! You will get info from PR branding and social media insiders to create a successful online presence. If you have an interest in using social media to help grow a brand and learn a marketable skill and resume booster, sign up for this course.

24. Prosthetics Design

3D printers are used to make everything from automotive parts to Hollywood props to cell phone cases to custom prosthetic devices. In this 3-day course, learn how to build 3D models using Tinkercad (and win the chance to see your design being 3D printed on-site!), hear from experts in the field, and build a prosthetic hand. If you love project-based learning / if you love creating / if you love design / if you ever wanted to learn how to 3D print, take this course. Sign up fast. Space is limited. Sophomores and Juniors only.

25. Chair Project

Camden Catholic has a rich tradition in the Fine Arts. If you are an artist or interested in design, you might want to register for this course. You will have the ability to channel your inner artist and paint chairs using your own design. Want to model your design after a classic artist? That's great too. This isn't just "painting chairs." You are using chairs as a canvas to communicate through your art. This course is best suited for painters, designers, dreamers, and doers. Chairs will be auctioned off at the completion of J-Term, benefiting the Arts at Camden Catholic.

26. The Vietnam War Revisited: Understanding America's Misunderstood War

"The Vietnam War was a great tragedy for our country. And it is now far enough away so that one can study without using the slogans to see what's really happened."

(Henry Kissinger- National Security Advisor and Secretary of State during the Vietnam War)

During the 1960s and 1970s, Americans demonstrated their love of country by supporting and opposing the Vietnam War. Through personal accounts, film, music, and hands on activities, you will explore the origins of the war, US involvement, and current US-Vietnamese relations. If you like history and are frustrated that your textbook never goes into that much detail, this course is for you.

27. Leadership Academy Scholar Summit (Sophomores and Juniors only)

Experience a portion of the scholar summit during J-Term! In this course you will learn and apply the core pillars of Catholic Leadership: Self-awareness, Ingenuity, Love and Heroism. Students will learn skills that will enable them to live out each of these pillars in their own lives but also how to use them to lead their peers.